## KEY:

AR- Main Campus Activity Room Outings (off OVHL Campus) One on Ones
Delta Activity Room Channel 2500 Streaming Projected events all Homes

## Delta January OVHL 2026 Recreation Calendar

Sunday	Monday  Recreation Contacts:	Tuesday  Calendar may	Wednesday	Thursday  1 New Year's Day	Friday 2 RED Friday	Saturday 3
01/14 Micheal M. 01/21 Fred H.	Madeline Neilson Assistant Rec Director Memory Care Coordinator Madeline.Neilson@ovhle banon.org or ext. 5113 M-F  Recreation Director: Bess Nichols Bess.Nichols@ovhleba non.org	change due to weather, volunteer, and Veteran Request/Needs. Contact Recreation with concerns.	R.E.D Friday: Remember Everyone Deployed by wearing RED	1000 Moving To Music w/ Alyson D2  1030 New Year Reflection with Hot Cider w/Aylisha  1300 Country Drive 1330 Homemaking in D1 w/Alyson  1530 Chair Yoga w/Aylisha D3	1030 Baking D3  1400 Mind, Body, Spirit Hour D1	AM One on Ones  1030 Memory Games D2  1300 Catholic Services on Ch 2500  1300 Drum Circle D3
4 AM Newspaper/Mail Delivery 1030 Crafts D1  1400 Worship w/Alyson  1545 Church Services Ch. 2500	5 1000 Country Drive 1300 Sensory Fun D2 1400 One on Ones w/Anna	1030 Active Games D3 1300 Name That Tune D2 1500 Ceramics	7 0930 Cup of Joe and Reminiscing w/Alyson D3 1000 Bible Study w/Aylisha 1400 Scott Anderson Magic Show "The Cabaret: A Night of Illusion!"	8 0830 Delta Closet Clean Out  1000 Moving To Music w/ Alyson D3  1030 Paint in a Bag w/Aylisha D1  1400 Piano w/Linda  1530 Chair Yoga w/Aylisha D2	9 RED Friday 1030 Games D1 1400 Mind, Body, Spirit Hour D2	10 AM One on Ones  1030 Memory Games D3  1300 Catholic Services on Ch 2500  1300 Drum Circle D1

AM Newspaper/Mail Delivery 1030 Games D2 1400 Worship w/Alyson 1545 Church Services Ch. 2500	12 1000 Country Drive 1300 Sensory Fun D1 1400 One on Ones w/Anna	1030 Piano w/Randy  1400 All Staff  1500 Name That Tune D3	14 Delta Rec Team Mtg 0930 Cup of Joe and Reminiscing w/Alyson D1 1030 Music w/Singing Sparrow 1300 History of Tea/ Tea Tasting D1 1330 Homemaking w/Aylisha D3 1530 Sensory Fun w/Aylisha D2	15 1000 Moving To Music w/ Alyson D2  1030 Bible Study w/Aylisha  1330 Birthday Celebration  1530 Chair Yoga w/Aylisha D1	16 RED Friday 1030 Crafts D3  1330 Quilts of Valor	17 AM One on Ones 1030 Memory Games D1 1300 Catholic Services on Ch 2500 1300 Drum Circle D2
AM Newspaper/Mail Delivery  1030 Crafts D3 1400 Worship w/Alyson  1545 Church Services Ch. 2500	19 1000 Country Drive 1300 Sensory Fun D3 1400 One on Ones w/Anna	1030 Piano w/Linda 1300 Sport Games D1 1500 Ceramics	21 0930 Cup of Joe and Reminiscing w/Alyson D2  1000 Bible Study w/Aylisha 1300 Name that tune w/ Alyson D2 1330 Homemaking w/Aylisha D1  1530 Sensory Fun w/Aylisha D3	0830 Evergreen Aviation  1530 Chair Yoga w/Aylisha D3	23 RED Friday 1030 Baking D2 1400 Mind, Body, Spirit Hour D3	AM One on Ones  1030 Memory Games D2  1300 Catholic Services on Ch 2500  1300 Drum Circle D3
AM Newspaper/Mail Delivery  1030 Games in D1  1400 Worship w/Alyson  1545 Church Services Ch. 2500	26 1000 Country Drive 1300 Sensory Fun D1 1400 One on Ones w/Anna	27 1030 Piano w/Randy  1200 Cultural Luncheon: Russia  1500 National Geographic Society Social D2	28 Delta Rec Team Mtg 0930 Cup of Joe and Reminiscing w/Alyson D3 1000 Bible Study w/Aylisha 1300 Name that Tune w/ Alyson D2 1330 Homemaking w/Aylisha D3  1530 Sensory Fun w/Aylisha D1	1100 Lunch Ixtapa  1530 Chair Yoga w/Aylisha D2	30 RED Friday 1030 Games D1 1400 Mind, Body, Spirit Hour D2	31 AM One on Ones 1030 Memory Games D3 1300 Catholic Services on Ch 2500 1300 Drum Circle D1